



rise to the occasion.

Are you hungry for a challenge? If you have a passion for food and the drive to succeed, a career in food and cookery can be extremely rewarding. Beyond the obvious positions of a chef or server, there's a whole world of opportunity for those passionate about the culinary arts. Many roles in this field will require transferable skills such as planning, communication, problem solving and health and safety practices.

Sectors to explore

An understanding of food and cookery can help you progress in a variety of different sectors and job roles. Here are just a few to get you started:

Catering and hospitality

The catering and hospitality industry is one of the fastest growing industries in the world, with a huge range of roles from Chefs and Restaurant Managers to Housekeepers and Concierges. You will need strong communication skills, drive and self-motivation to succeed in a fast-paced, team environment such as a hotel, restaurant or bar.

Health and well-being

Not all careers linked with food actually involve cookery. If you have an interest in health and well-being you might consider becoming a Personal Trainer working in a leisure centre or perhaps a hospital based Dietician advising patients on how to modify their eating patterns.

Food product development

Far from the heat of a restaurant kitchen, Food Developers often find themselves working in a high-spec development kitchen in a more scientific approach to food. Food Developers are responsible for developing and improving existing offerings as demanded by the market and trends.

Food retail

Food procedure is one of the most essential purchases that people will make, and stores are always looking for Food Retailers to keep up with customer demand. As a Food Retailer, you could be responsible for ordering stock, preparing displays, serving customers, and advising on preparing and cooking meals. From independent specialist shops, to massive supermarket chains, from Customer Service Assistants, to Area Managers, the list is endless.

V Certs and other qualifications to consider include:

- **Level 1 Certificate** in Food and Cookery
- **Level 2 Certificate** in Food and Cookery

This is just the **beginning...**

Routes to success

If you choose to study food and cookery, there are a number of routes you can take to further your career such as:

• Further study at university or college

You could choose to broaden your knowledge of food and cookery with a degree in Culinary Arts and Professional Cookery or you may wish to specialise in something like Food Science and Technology.

• Apprenticeships

You'll be working to a set programme of learning whilst earning money as an apprentice. This will provide you with a structured training period with a solid foundation of knowledge from which to progress in this sector.

• Entry level roles

An entry level role such as a Kitchen Porter will give you a chance to work your way up in the catering industry, carrying out tasks which are essential for the smooth running of a kitchen.

Where next?

We understand the amount of information out there can be daunting. To help, we've included a small collection of useful websites for you to visit:

The National Careers Service website offers an overview of many different careers. It's a great starting point to help you take your first step towards planning your career. www.nationalcareersservice.direct.gov.uk

All About Careers includes really useful information about specific career opportunities. You can also take a career 'test' which will give you ideas about industries you might want to explore further based on your answers. www.allaboutcareers.com

The National Apprenticeship Service offers information about what apprenticeships are and how they work. It's particularly useful as a general introduction and to help you and your parents understand the opportunities an apprenticeship offers. www.getingofar.gov.uk

Not Going to Uni is a website that aims to offer a full range of options and choices if you feel that university is not the route for you. www.notgoingtouni.co.uk

Which University? is a website that can help you decide what to study, where to study and how to get there. www.university.which.co.uk

REED Salary Checker can help if you're curious about what your earning potential could be in your chosen career. www.reed.co.uk/average-salary