



Level 1 Award, Certificate and Diploma in
Introduction to Health, Social
Care and Children's and Young
People's Settings

Qualification facts

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QRN: 600/1211/0 NCFE CACHE Award in Introduction to Health, Social Care and Children's and Young People's Settings

QRN: 600/1212/2 NCFE CACHE Certificate in Introduction to Health, Social Care and Children's and Young People's Settings

QRN: 600/4797/5 NCFE CACHE Diploma in Introduction to Health, Social Care and Children's and Young People's Setting

About these qualifications

These qualifications are aimed at people considering a career in health and/or social care with adults or children and young people. Each builds on the knowledge gained from the previous qualification.

Offered in schools or colleges, they will develop knowledge and awareness of the types of provision in these sectors and the roles played by workers – from principles and values through to health and safety and working with others. There is also an option to take units in more specialised areas such as learning disability, sensory loss or mental health.

They do not qualify learners to work directly with adults, children or young people but provide a starting point for deciding whether a career in the sector is right for them. On completing the qualifications, learners who wish to pursue a career can progress to other Level 2 qualifications such as the Level 2 Diploma in Health and Social Care, the Level 2 Certificate for the Children and Young People's Workforce or the Level 2 Certificate in an Introduction to Early Years Education and Care.

Entry requirements

There are no formal entry requirements for these qualifications but learners must be at least 14 years of age.

Experience in the workplace

Learners do not need to be working as these are knowledge only qualifications.

Qualification structure

<p>Award To complete the Award learners must achieve a minimum of 10 credits.</p>	<p>6 credits must be achieved from the mandatory units in group A and then at least 4 more credits must be gained from the optional units in group B.</p>
<p>Certificate To complete the Certificate learners must achieve a minimum of 25 credits.</p>	<p>20 credits must be achieved from the mandatory units in group A and then at least 5 more credits must be gained from the optional units in group B.</p>
<p>Diploma To complete the Diploma learners must achieve a minimum of 37 credits.</p>	<p>20 credits must be achieved from the mandatory units in group A and then at least 17 more credits must be gained from the optional units in group B.</p>
<p>Where units are shared the credits achieved on the Award can count towards the Certificate and the credits from the Certificate can count towards the Diploma. This means learners do not need to repeat learning for the units already achieved.</p>	

Units for the Award - Group A mandatory units

Unit ref no.	Title	Unit type	Level	Credit
A/602/6187	Understand the range of service provision and roles within health and social care (adults and children and young people), early years and childcare	Knowledge	1	3
J/602/6189	Understand the principles and values in health and social care (adults and children and young people), early years and childcare	Knowledge	1	3

Group B optional units

Unit ref no.	Title	Unit type	Level	Credit
R/602/6194	Awareness of protection and safeguarding in health and social care (adults and children and young people), early years and childcare	Knowledge	1	3
T/602/6205	Introduction to communication in health and social care (adults and children and young people), early years and childcare	Knowledge	1	2
R/502/9716	Introductory awareness of equality and inclusion in health, social care and children's and young people's settings	Knowledge	1	3

Unit ref no.	Title	Unit type	Level	Credit
Y/502/9717	Introductory awareness of health and safety in health, social care and children's and young people's settings	Knowledge	1	4
D/502/9718	Introductory awareness of person-centred support in health, social care and children's and young people's settings	Knowledge	1	2
H/502/9719	Introductory awareness of working with others in health, social care and children's and young people's settings	Knowledge	1	2
Y/502/9720	Introductory awareness of the importance of healthy eating and drinking for adults	Knowledge	1	3

Total guided learning hours for the Award: 86 - 101

Units for the Certificate and Diploma - Group A mandatory units

Unit ref no.	Title	Unit type	Level	Credit
A/602/6187	Understand the range of service provision and roles within health and social care (adults and children and young people), early years and childcare	Knowledge	1	3
J/602/6189	Understand the principles and values in health and social care (adults and children and young people), early years and childcare	Knowledge	1	3
R/602/6194	Awareness of protection and safeguarding in health and social care (adults and children and young people), early years and childcare	Knowledge	1	3
T/602/6205	Introduction to communication in health and social care (adults and children and young people), early years and childcare	Knowledge	1	2
R/502/9716	Introductory awareness of equality and inclusion in health, social care and children's and young people's settings	Knowledge	1	3
Y/502/9717	Introductory awareness of health and safety in health, social care and children's and young people's settings	Knowledge	1	4
D/502/9718	Introductory awareness of person-centred support in health, social care and children's and young people's settings	Knowledge	1	2

Group B optional units

Unit ref no.	Title	Unit type	Level	Credit
A/601/3407	Human growth and development	Knowledge	1	2
F/602/6207	Introduction to children and young people's development	Knowledge	1	3
H/602/6314	Introduction to the physical care of babies and young children	Knowledge	1	3
K/602/6315	Introduction to the development of children and young people through play	Knowledge	1	2
H/602/6328	Encourage children and young people to eat healthily	Knowledge	1	2

Unit ref no.	Title	Unit type	Level	Credit
T/602/6303	Introduction to a healthy lifestyle	Knowledge	1	3
Y/602/6309	Introduction to autistic spectrum condition	Knowledge	1	3
L/602/6310	Introduction to learning disability	Knowledge	1	3
R/602/6311	Introduction to physical disability	Knowledge	1	3
L/602/6372	Introduction to sensory loss	Knowledge	1	3
Y/602/6374	Introduction to mental health	Knowledge	1	3
D/602/6375	Introduction to dementia	Knowledge	1	3
H/502/9719	Introductory awareness of working with others in health, social care and children's and young people's settings	Knowledge	1	2
Y/502/9720	Introductory awareness of the importance of healthy eating and drinking for adults	Knowledge	1	3

Total guided learning hours for the Certificate: [212 - 234](#)

Additional Group B optional units for the Diploma only

Unit ref no.	Title	Unit type	Level	Credit
A/600/3735	Self development	Knowledge	2	3
T/600/3250	Investigating a vocational area	Knowledge	2	2
M/503/3868	Understanding risk within health, social care and children's and young people's settings	Knowledge	2	1
R/503/3149	Introductory awareness of bereavement in health, social care and children's and young people's settings	Knowledge	2	3
D/501/7228	Job opportunities in health and social care	Knowledge	1	4
H/601/5474	Introduction to duty of care in health, social care or children's and young people's settings	Knowledge	2	1

Total guided learning hours for the Diploma: [307 - 342](#)

Assessment

All units will be internally assessed using a range of methods which could include: written assignments or tasks such as designing a leaflet or booklet, charts or diagrams or setting up an information board.

The qualifications will be pass or refer and all the assessment criteria for the chosen units must be achieved in order to obtain a pass.

For more information

Full details of this qualification can be found on our website www.cache.org.uk



We continually invest in high quality qualifications for the health, care, early years and education sectors. Written and developed by experts, they have helped millions of learners across the world to raise professional standards, earning us a reputation for excellence and leadership across the sector. Our continued dedication to those who care for children, young people and adults means that our qualifications will continue to meet the needs of the modern workforce.
