

Qualification Purpose Statement

Qualification title

NCFE CACHE Level 2 Certificate in Understanding Working with People with Mental Health Needs (601/3434/3)

Overview

This qualification contains the following mandatory units:

- **Understand the role of the mental health worker (D/506/2895)**
In this unit learners will look into the standards required to work in the mental health sector and what factors support good practice in the sector. Learner will also investigate how they can develop within their own work role and how to maintain their own wellbeing.
- **Mental health and mental health issues (D/504/1707)**
In this unit learners will look into the need for positive mental health and the effects mental health problems can have on individuals. They will also investigate the different types of mental health problems and associated symptoms. Legislation and guidance that relate to mental health are also investigated.
- **Understand duty of care in adult health and social care (K/506/1300)**
In this unit learners will explore issues relating to duty of care within the context of adult health and social care. The learner will gain an understanding of possible conflicts and dilemmas faced between duty of care and individuals rights. They will also be able to recognise and report unsafe practice and understand the impact of own actions on individuals and others.
- **Approaches to care and management in mental health (K/601/2950)**
Learners will investigate the key features and principles of the care planning process and will identify aspects of good practice, including the key components of a risk assessment and the requirements of a mental health assessment. Learners will identify the agencies involved in the care process and the role they perform.
- **Understanding change and support in relation to mental health (K/504/1709)**
This unit will help learners understand how mental health change occurs. They will look at the support available and the role of the support worker and others. Treatment options will be investigated as well as identifying support and resources available to those experiencing mental health problems.

Who is this qualification designed for?

This qualification is suitable for learners aged 16 and above.

There are no specific prior qualifications needed to access this qualification, although learners may find it useful to have previously achieved a Level 1 qualification in a health, social care or mental health related area.

This qualification is designed for a wide range of learners who wish to understand the approaches to care and support of those with mental health problems. These may be learners who wish to access this training with a view to progress to further qualifications or employment within health and social care, to complement other qualifications within apprenticeship frameworks within health or health and social care, or to develop within their current job role within health and social care.

What could this qualification lead to?

As noted in the apprenticeship frameworks, career progression within the health and social care sectors will not always be vertical, it may also be horizontal. New ways of working and new roles are constantly evolving to meet the health and social care needs of the population. These new roles provide staff with opportunities to develop new knowledge and skills often described as 'expanded' roles.

This qualification support progression to employment and progression within employment for the following job roles and workers:

- care assistant/worker
- personal care assistant
- adult social care relief team worker
- night care assistant
- support worker (supported living)
- key workers in residential/domiciliary/day care settings
- home care support worker
- re-enablement worker
- healthcare support service worker
- clinical healthcare support worker
- healthcare assistant
- mental health support/outreach worker
- substance misuse worker
- counsellor
- health education/promotion worker.

Progression opportunities

This qualification supports progression to further learning in the following areas:

- Level 2 Award in Substance Misuse
- Level 2 or 3 Diploma in Health and Social Care (Adults) for England
- Level 2 or 3 Diploma in Clinical Healthcare Support
- Level 2 or 3 Certificate in Preparing to Work in Adult Social Care
- Level 2 or 3 Certificate for Working in the Health Sector
- Level 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Stroke Care Management
- Level 3 Diploma In Allied Health Profession Support
- Intermediate or Advanced Level Apprenticeship in Health & Social Care
- Intermediate or Advanced Level Apprenticeship in Health (Clinical Healthcare Support)

This qualification supports a wide variety of health and social care workers and those in a range of roles that may work with those who use mental health services.

Who supports the qualification?

The qualification is supported by providers listed on the Register of Training Organisations and who have current contracts for delivery of provision in Health and Social Care. For further information please contact CACHE on 0345 347 2123 or email us at info@cache.org.uk.