

Qualification Purpose Statement

Qualification title

NCFE CACHE Level 2 Certificate in Understanding the Care and Management of Diabetes (600/9311/0)

Qualification overview

This qualification will help you get into, or progress within, employment in the healthcare or social care sectors in a variety of job roles where an understanding of the care and management of diabetes is required. You can also take this qualification to support your progression into further learning within the Health and Social Care sector.

To support you in this the qualification aims to:

- provide you with an understanding of the different types of diabetes and how they can occur
- develop your awareness of how the onset of Type 2 diabetes can be delayed with lifestyle changes
- develop your understanding of diabetes diagnosis and initial care
- develop your understanding of on-going care and treatment of diabetes to control blood sugar levels.

The objectives of this qualification will help you to:

- gain knowledge and understanding of diabetes to support your role in a healthcare or social care workplace
- progress to further learning in this subject area or within the wider area of Health and Social Care.

Who is this qualification for?

This qualification is designed for a wide range of learners who wish to gain an understanding of the care and management of diabetes.

Age restrictions

You need to be at least 16 years old to take this qualification. Entry is at the discretion of the centre.

Entry requirements

You don't need to have any specific prior learning requirements to take this qualification, but you may find it helpful if you've already achieved a level 1 qualification within the Health and Social Care area.

Qualification content

The NCFE Level 2 Certificate in Understanding the Care and Management of Diabetes, contains 4 mandatory units and will help you gain knowledge and understanding in these areas:

- Unit 01 Understand diabetes (4 credits)
You'll understand how glucose and insulin function in the body, how different types of diabetes occur and the risk factors associated with Type 2 diabetes.
- Unit 02 Prevention and early intervention of Type 2 diabetes (3 credits)
You'll understand how the onset of Type 2 diabetes can be prevented or delayed through lifestyle changes.
- Unit 03 Understand the initial care of diabetes (4 credits)
You'll understand how a diagnosis of diabetes can impact on a person and how the condition can be managed and monitored.
- Unit 04 Understand the treatment and management of diabetes (5 credits)
You'll understand the on-going care and treatment recommended to control blood glucose levels and prevent complications for people with diabetes.

What type of qualification is this?

This is a vocationally related qualification with 105 guided learning hours. Within this time you can expect to be involved in formal learning activities, which could include classes, tutorials or seminars. You're also expected to work independently researching the subject and preparing for class-based activities. 100 per cent of this qualification focuses on developing your knowledge and understanding of the care and management of diabetes.

This is a standalone qualification and is not part of an Apprenticeship framework.

Progression opportunities

The primary purpose of this qualification is to prepare you to enter, or progress within, employment in the Health and Social Care sector. This qualification will provide the underpinning knowledge of diabetes, how it impacts on a person and how the condition is diagnosed, managed and monitored. Successful completion will help support a number of job roles within the Health and Social Care sector as you may be working with people who have diabetes, or may be at risk of developing diabetes, in your day-to-day role:

- healthcare support service worker
- clinical healthcare support worker
- healthcare assistant
- nursing assistant
- health education/health promotion worker
- care assistants/support workers/key workers in residential settings
- healthcare assistants/support workers in community and primary care environments
- healthcare assistants/support workers in acute health environments
- care assistants/support workers/key workers in domiciliary services
- care assistants/support workers/key workers in day services
- personal assistants employed directly by the individual they support or their families

Completion of this qualification may enable you to progress into the above job roles within the Health and Social Care sector, as a new entrant or as part of your ongoing career development.

Anyone in the above roles are key staff that work in a range of settings in the sector. They work with a wide range of people who are receiving direct care. They may be responsible for a person's care, delivery of their care plan, provision of care, comfort and wellbeing and assessment and monitoring of needs. Duties will vary depending on the specific role and the needs of the individual cared for.

You could also progress to the following Apprenticeships:

- Advanced level Apprenticeship in Health and Social Care
- Advanced Level Apprenticeship in Health (Clinical Healthcare Support)
- Advanced Level Apprenticeship in Health (Healthcare Support Services)

If you're interested in progressing to further study at the next level of vocational learning the following qualifications are available:

- Level 3 Certificate in Preparing to Work in Adult Social Care
- Level 3 Diploma in Health and Social Care (Adults) for England
- Level 3 Diploma in Counselling Skills
- Level 3 Certificate in Working with Individuals with Diabetes
- Level 3 Diploma in Healthcare Support Services
- Level 3 Certificate in Working in the Health Sector

Similar qualifications

We offer a range of Health and Social Care qualifications at this level; however this is our only qualification at this level that provides knowledge and understanding of the care and management of diabetes.

Support for this qualification

The qualification is supported by employers from the Health and Social Care sector.

For further information about these organisations please contact CACHE on 0345 347 2123 or email us at info@cache.org.uk.