

Qualification Purpose Statement

Qualification title

NCFE CACHE Level 2 Certificate in Counselling Skills (600/0728/X)

Overview

This qualification covers:

Introduction to counselling skills theories (K/502/6630)

In this unit learners will be introduced to the key elements of the main theoretical approaches to counselling.

Using counselling skills (K/502/6966)

In this unit learners will have an opportunity to identify and practice a range of skills used when participating in a counselling skills interaction.

Diversity and ethics in the use of counselling skills (M/502/6631)

In this unit, learners will be introduced to the concepts of diversity and ethics and their importance in the use of counselling skills.

Counselling skills and personal development (T/502/6632)

In this unit learners will have an opportunity to reflect on their personal and future development and identify potential sources of support.

Who could take this qualification or who is this qualification designed for?

This qualification is aimed at learners who would like to develop the knowledge and skills needed to use counselling skills and engage in a helping interaction appropriately. It will be a useful progression route for those interested in furthering their study, widening their work role or learners who wish to study this to complement other programmes (eg health and social care, children's care, learning and development, voluntary and community work). This qualification does not qualify learners to practice as a counsellor.

There are no specific prior qualifications needed to access this qualification. However, learners might find it useful if they have already completed a Level 1 qualification.

This qualification is suitable for learners aged 16 and above.

What could this qualification lead to?

The purpose of this qualification is to support progression to further learning in the following areas:

Horizontal progression into, for example:

- Level 2 Certificate in Information, Advice or Guidance
- Level 2 Certificate for Working In the Health Sector
- Level 2 Certificate in Dementia Awareness
- Level 2 Certificate in Healthcare Support Services
- Level 2 Certificate in Mental Health Awareness
- Level 2 Certificate in Nutrition and Health
- Level 2 Certificate in Preparing to Work in Adult Social Care
- Level 2 Certificate in Principles of Working with Individuals with Learning Disabilities
- Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care
- Level 2 Certificate in the Principles of End of Life Care
- Level 2 Diploma in Health and Social Care (Adults) for England

Vertical progression into, for example:

- Level 3 Award in Counselling Skills and Theory
- Level 3 NVQ Certificate in Advice and Guidance
- Level 3 Diploma in Counselling Skills
- Level 3 Award in the Awareness of the Mental Capacity Act 2005
- Level 3 Diploma in Health and Social Care (Adults) for England
- Level 3 Certificate in Preparing to Work in Adult Social Care
- Level 3 Certificate for Working in the Health Sector
- Level 3 Certificate in the Principles of End of Life Care
- Level 3 Certificate in Stroke Care Management
- Level 3 Diploma In Allied Health Profession Support

This qualification does not qualify learners to practice as a counsellor; however, it can support progression within employment for the following job roles and workers due to the transferable nature of counselling skills:

- Support Worker (Supported Living)
- Healthcare Support Service Worker
- Clinical Healthcare Support Worker
- Healthcare Assistant
- Mental Health Support Worker
- Mental Health Outreach Worker
- Substance Misuse Worker
- Information, Advice and Guidance Worker
- Health Education/Health Promotion Worker
- Care Assistants/Support Workers/Key Workers in residential settings
- Healthcare Assistants/Support Workers in community and primary care environments
- Healthcare Assistants/Support Workers in acute health environments

- Care Assistants/Support Workers/Key Workers in domiciliary services
- Care Assistants/Support Workers/Key Workers in day services
- Personal Assistants employed directly by the individual they support or their families.

Who supports the qualification?

The qualification is supported by providers listed on the Register of Training Organisations and who have current contracts for delivery of provision in Health and Social Care. For further information please contact CACHE on 0345 347 2123 or email us at info@cache.org.uk.