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NCFE CACHE Level 1 Award in  
**Preparing to Work  
in Adult Social Care**

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Qualification facts

cache  
nurturing achievement

# About this qualification

This qualification is aimed at people who would like to develop a basic knowledge of the adult social care sector and explore the type of job roles and services within it. It will also cover the role of communication and the importance of valuing the individuals being cared for.

It allows for progression to the Level 2 Certificate in Preparing to Work in Adult Social Care or the Level 2 Diploma in Health and Social Care. Learners could also go on to work towards the Common Induction Standards.

## Entry requirements

There are no formal entry requirements for this qualification but learners must be at least 14 years of age.

## Experience in the workplace

Learners do not need to be working as this is a knowledge only qualification.

## Qualification structure

To complete the Award learners must achieve 6 credits by completing all the mandatory units below.

### Group A mandatory units

| Unit ref no. | Title   | Unit type | Level | Credit |
|--------------|---|-----------|-------|--------|
| F/502/9579   | Introduction to the adult social care sector                                | Knowledge | 1     | 1      |
| D/502/9590   | Introduction to the values and principles of adult social care              | Knowledge | 1     | 1      |
| M/502/9660   | Awareness of the skills and attitudes needed to work in adult social care   | Knowledge | 1     | 1      |
| A/502/9662   | Awareness of communication in adult social care                             | Knowledge | 1     | 2      |
| F/502/9727   | Awareness of the roles and responsibilities of the adult social care worker | Knowledge | 1     | 1      |

Total guided learning hours for the award 53

## Assessment

All units will be internally assessed using a range of methods which could include: written assignments or tasks such as designing a leaflet or booklet, charts or diagrams or setting up an information board.

The qualification will be pass or refer and all the assessment criteria for the chosen units must be achieved in order to obtain a pass.

## For more information

Full details of this qualification can be found on our website [www.cache.org.uk](http://www.cache.org.uk) or our secure Centre website [cachezone](#).

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CACHE was established in 1945 by the Ministry of Health under the name of the National Nursery Examination Board (NNEB). The board set the syllabus for the first national examination which took place in 1947. In 1994 the NNEB merged with the Council for Early Years Awards to form CACHE. In 2001 we incorporated the National Association for Maternal and Child Welfare and in 2015 we became part of NCFE. Over the years we have continually invested in high quality qualifications. Written and developed by experts, they have helped millions of learners across the world to raise professional standards, earning us a reputation for excellence and leadership across the sector. Our continued dedication to those who care for children, young people and adults means that our qualifications will continue to meet the needs of a modern workforce.

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