Qualification Purpose Statement

Qualification title
NCFE CACHE Level 1 Certificate in Introduction to Health, Social Care and Children’s and Young People’s Settings [600/1212/2]

What does this qualification cover?
This qualification provides you with a basic knowledge of working in health, social care and children and young people’s settings.

The qualification is formed of mandatory and optional units. The optional units allow you to choose from a variety of areas to tailor the qualification to your interests. From the mandatory units, you will gain knowledge and understanding in the following areas within health, social care and children and young people’s settings:

- principles and values
- service provision and roles
- protection and safeguarding
- equality and inclusion
- communication
- health and safety
- person-centred approaches.

From the optional units, you will gain knowledge and understanding in the areas of your choice; these include (but are not limited to):

- human growth and development
- introduction to autistic spectrum conditions
- introduction to mental health
- healthy lifestyle.

Completion of this qualification is achieved through classroom-based learning.

All mandatory units and the majority of optional units within this qualification are vocationally based, directly helping you to further develop knowledge and awareness of the types of provision in health and/or social care with adults or children and young people, and the roles played by workers in these areas.

There are no formal entry requirements for this qualification but you will need to be at least 14 years of age.

This qualification will take approximately 6-9 months to complete.
What knowledge and skills will this qualification give you?
Completion of this qualification will help you develop knowledge and awareness of the types of provision in the health, social care and children and young people’s sectors, including the roles played by workers – from principles and values through to health and safety and working with others. You will also gain knowledge in more specialised areas such as learning disability, sensory loss and mental health.

Is this qualification right for you?
This qualification is ideal if you have little or no previous experience but are considering a career in health, social care and/or children’s and young people’s settings and wish to gain the basic knowledge required to progress to study at a higher level with the aim of entering the workforce in one of these areas.
You do not need to be working, volunteering or on practical placement as this is a knowledge only qualification.

Why should you take this particular qualification?
Our suite of Introduction to Health, Social Care and Children’s and Young People’s Settings qualifications is made up of the:

- NCFE CACHE Level 1 Award in Introduction to Health, Social Care and Children’s and Young People’s Settings
- NCFE CACHE Level 1 Certificate in Introduction to Health, Social Care and Children’s and Young People’s Settings
- NCFE CACHE Level 1 Diploma in Introduction to Health, Social Care and Children’s and Young People’s Settings

If you want to gain an introductory knowledge of working in Health, Social Care and Children’s and Young People’s Settings, you should undertake the Award.

If you wish to build on the knowledge within the Award, the Certificate will introduce you to new areas relevant to the sector and provide a more in depth understanding of what is required in health, social care and children and young people’s settings.

If you have some experience of health, social care or children and young people’s settings, or feel you are not quite ready to undertake qualifications at Level 2, but aspire to in the future, the Diploma should be undertaken to gain a broad knowledge of the key aspects of caring for children.

This qualification is not available as part of an Apprenticeship Framework.
What could this qualification lead to?

This qualification will not lead directly to employment. However, it does provide a starting point for you to decide whether further learning and/or a career in health, social care and/or children and young people’s settings is right for you.

If you are looking to continue studying after completion of this qualification, the NCFE CACHE Level 1 Certificate in Introduction to Health, Social Care and Children’s and Young People’s Settings provides you with the basic knowledge of working in health, social care and children and young people’s settings to progress to the:

- NCFE CACHE Level 1 Diploma in Introduction to Health, Social Care and Children’s and Young People’s Settings
- NCFE CACHE Level 2 Diploma in Health and Social Care
- NCFE CACHE Level 2 Certificate for the Children and Young People’s Workforce
- NCFE CACHE Level 2 Certificate in an Introduction to Early Years Education and Care

Who supports this qualification?

The NCFE CACHE Level 1 Certificate in Introduction to Health, Social Care and Children’s and Young People’s Settings is supported by the following providers:

- Birmingham Adults Education Service (BAES)
- MI ComputSolutions
- North Warwickshire and Hinckley College