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Purpose statement

**NCFE Level 2 Certificate in Sport
QN: 601/3037/4**

Purpose statement

Who is this qualification for?

This qualification provides learners with an understanding of the sports sector to either start a career in sport, leisure or fitness, or to progress within employment in the sector. It may also be applicable for those in an entry level role who would like to further their understanding and progress to the next level of employment or learning.

The objectives of this qualification are to help learners to:

- enter employment in the sport, leisure and fitness sector
- progress into higher or further education
- progress to NCFE level 3 sport qualifications
- gain and develop essential skills valued by employers and higher and further education institutions
- develop knowledge and understanding of the sport, leisure and fitness vocational sector

To be awarded this qualification, learners are required to successfully complete 3 mandatory units and one optional unit, depending on their chosen pathway.

The pathways within the qualifications allow learners to follow a particular specialist area, but still allow flexibility in the choice of unit combinations.

Learners must choose a pathway from the following 4 options. We have listed the mandatory units within each optional unit:

Sport, Exercise and Fitness:

- Participating in sport (M/505/9936)
- Anatomy and physiology for exercise (R/505/9959)
- Introduction to healthy exercise and nutrition (M/505/9970)

Outdoors:

- Participating in sport (M/505/9936)
- Outdoor and adventurous activities (T/505/9940)
- Leading an outdoor activity session (R/505/9945)

Working in Sport:

- Participating in sport (M/505/9936)
- Understanding business in sport (H/505/9948)
- Preparing to work in the sport and leisure industry (Y/505/9977)

Coaching:

- Participating in sport (M/505/9936)
- Sports coaching (T/505/9937)

- Developing sporting skills and tactical awareness (D/505/9981)

Each pathway will provide learners with the opportunity to develop their practical skills in sport, through organising and participating in sports activities. They will be able to work with others to plan and participate in a sports activity, and they will evaluate their own performance and the performance of others following the activity. Learners will gain the required knowledge and understanding of sport rules and regulations.

These qualifications have been mapped to Personal Learning and Thinking Skills, together with National Occupational Standards (NOS) which are owned by a Sector Skills Council (SSC). They describe the skills, knowledge and understanding needed to undertake a particular task or job at different levels of competence.

This qualification has been mapped against the relevant SkillsActive NOS.

Who is this qualification designed for?

This qualification is suitable for all learners aged 16 and above, especially adult learners and those returning to learning.

It is an engaging qualification, which is useful for those previously disaffected with learning and can provide a supportive progression route into further learning or employment. This qualification is designed for learners who wish to develop skills and knowledge about sport and is ideal for learners who are looking to progress onto further learning in this sector.

There are no specific recommended prior learning requirements for these qualifications. However, learners may find it helpful if they have already achieved a level 1 qualification. Entry is at the discretion of the centre, although learners should be aged 16 to undertake this qualification.

This qualification would be useful for individuals wishing to enter the sector or progress within it. This qualification is suitable for inclusion within a study programme for 16-19 year old learners.

What could this qualification lead to?

This qualification can support learners already working, or who are looking to work, in a variety of roles within the sport, leisure and fitness sector, including:

- exercise instructor
- sports coach
- outdoor activities organiser
- individual sports trainer
- health promoter

Progression opportunities

There are progression opportunities available to learners onto a range of level 3 sport qualifications and they will prepare learners for higher or further education, through full time or part time study.

Learners who achieve these qualifications could progress to:

- Level 2 Certificate in Fitness Instructing
- Level 3 Certificate/Diploma/Extended Diploma in Sport
- Level 3 Award in Nutrition for Physical Activity
- Level 3 Diploma in Outdoor Programmes
- intermediate level apprenticeship in exercise and fitness
- intermediate level apprenticeship in activity leadership

Learners may be able to complete National Governing Body (NGB) qualifications as part of a college or university course in sport, leisure and recreation. Courses include certificates and diplomas, foundation degrees, degrees, and postgraduate qualifications.

Learners may also progress onto higher level qualifications in related areas in order to specialise, depending on their learning and career goals.

In addition, learners with sufficient knowledge, experience and required qualifications may progress directly to employment.

Who supports the qualification?

The qualification is supported by providers listed on the Register of Training Organisations and who have current contracts for delivery of provision in Sport.

For further information about the NCFE Level 2 Certificate in Sport, please see the support materials tab on the qualification page on the NCFE website.