

Qualification factsheet

Qualification overview

Qualification title	NCFE CACHE Level 3 Diploma in Adult Care		
Qualification number (QN)	610/0498/4		
Total qualification time (TQT):	580	Guided learning hours (GLH)	437
Entry requirements:	<p>This qualification is designed for those who wish to work or are already working in health and social care settings in England.</p> <p>Entry is at the discretion of the centre, in accordance with the Equality Act 2010. However, learners should be aged 16 or above to undertake this qualification.</p>		

About this qualification

This qualification develops the knowledge and skills needed when working in care settings. It contains both mandatory and optional units which cover a wide range of areas, with units covering:

- aspects of support
- specialisms
- clinical skills or healthcare tasks
- leadership and management skills

This qualification aims to:

- focus on the study of the adult care worker role in care settings
- offer breadth and depth of study, incorporating a key core of knowledge
- provide opportunities to acquire a number of practical and technical skills

The objectives of this qualification are to:

- build knowledge and skills to work in adult care in health and social care settings in England
- cover a wide range of areas allowing learners to tailor the qualification to meet their needs, interests, preferred progression paths and the context of their job role

Qualification structure

To be awarded this qualification, learners are required to successfully achieve **58 credits: 39 credits from the mandatory units and a minimum of 19 credits from the optional units**. At least **35 credits** must be achieved at **level 3 or above**.

Mandatory units

AC M1 Promote communication in care settings (A/650/1366)
AC M2 Handling information in adult care (D/650/1367)
AC M3 Promote own continuous personal and professional development (F/650/1368)
AC M4 Person-centred practice, choice and independence (H/650/1369)
AC M4B Understand how to promote personal wellbeing (L/650/1370)
AC M5 Promote equality, diversity, inclusion and human rights in care settings (M/650/1371)
AC M6 Promote health and safety in care settings (R/650/1372)
AC M6B Support the health and wellbeing of individuals in a care setting (T/650/1373)
AC M7 Scope and responsibilities of an adult care worker (Y/650/1374)
AC M8 Understand duty of care (A/650/1375)
AC M9 Understand how to safeguard individuals (D/650/1376)
AC M10 Understand mental capacity and restrictive practices (F/650/1377)
AC M11 Infection prevention and control in a care setting (H/650/1378)

Optional units

Aspect of support units

HSC AS 2 Co-ordinate activity provision in adult social care (Y/616/6327)
HSC AS 3 Principles of advocacy (D/616/6328)
HSC AS 5 Co-ordinate the use of assistive living technology (J/616/6310)
HSC AS 8 Promote continence management (H/616/6329)
HSC AS 9 Understand how to support individuals to access and engage in education, training and employment (ETE) (Y/616/6330)
HSC AS 12 Managing pain and discomfort (M/616/6334)
HSC AS 14A Promote nutrition and hydration in adult care settings (D/650/1682)
HSC AS 15 Understand personalisation in adult care (J/650/1379)
HSC AS 17 Implement positive behaviour support (L/616/6342)
HSC AS 18 Develop, implement and review reablement plans (F/616/6323)
HSC AS 19 Support individuals to retain, regain and develop skills for everyday life (H/616/6346)
HSC AS 21 Understand how to support individuals with foot care (M/616/6348)
HSC AS 23 Support person-centred thinking, planning and review (T/616/6349)
HSC AS 24A Facilitate assessment, planning, implementation and review using person-centred and strengths-based approaches (F/650/1683)
AHP 12 Collaborate in the assessment of environmental and social support in the community (A/615/7183)
AHP 16 Provide support to individuals to continue recommended therapies (F/615/7170)
AHP 20 Provide support for mobility (T/615/7215)
AHP 21 Provide agreed support for foot care (A/615/7295)
AHP 31 Facilitate learning and development activities to meet individual needs and preferences (M/615/7259)
AN 25 Move and position individuals in accordance with their care plan (T/615/7229)
AN 33 Support individuals to access and use services and facilities (A/615/7202)
AN 38 Support independence in the tasks of daily living (D/615/7323)
AN 39 Awareness of the Mental Capacity Act 2005 (R/615/7254)

AN 41 Work in partnership with families to support individuals (M/615/7214)
AN 45 Implement therapeutic group activities (Y/615/7188)
AN 46 Support individuals to live at home (D/615/7337)
AN 56 Support individuals during a period of change (A/615/7278)
AN 59 Support individuals to access and manage direct payments (K/615/7213)
AN 60 Support individuals to access housing and accommodation services (H/615/7243)
AN 61 Support individuals to prepare for and settle in to new home environments (L/615/7317)
AN 67 Support the spiritual wellbeing of individuals (K/615/7275)
AN 68 Support individuals to meet personal care needs (J/615/7204)
AN 71 Provide support for sleep (K/615/7339)
AN 72 Support individuals with specific communication needs (L/615/7320)
AN 89 Support carers to meet the care needs of individuals (H/615/7307)
MH 4 Support positive risk-taking for individuals (M/615/7262)
Understand social prescribing (K/617/7591)
AC 1 Develop own communication skills to support positive interactions with individuals (M/650/1380)
AC 2 Support individuals to maintain oral health and mouth care (R/650/1381)

Specialisms units

HSC S 3 Support families who care for individuals with acquired brain injury (M/616/6351)
HSC S 4A Understand the impact of acquired brain injury on individuals (H/650/1684)
HSC S 6 Support individuals with autism spectrum condition (ASC) (A/616/6353)
HSC S 7 Understand how to support individuals with autism spectrum condition (ASC) (F/616/6354)
HSC S 9 Provide support to individuals with dementia (J/616/6355)
HSC S 10 Diabetes awareness (L/616/6356)
HSC S 13 End of life care (D/616/6359)
HSC S 16 Principles of supporting individuals with a learning disability regarding sexuality and sexual health (Y/616/6361)
HSC S 17 Support individuals with learning disabilities to access healthcare (D/616/6362)
HSC S 20 Promote mental wellbeing and mental health (H/616/6363)
HSC S 22 Support individuals with multiple conditions and/or disabilities (M/616/6365)
HSC S 23 Support individuals with Parkinson's disease (T/616/6366)
HSC S 26 Understand sensory loss (J/616/6369)
HSC S 27 Support the assessment of individuals with sensory loss (F/616/6371)
HSC S 29A Promote stroke care management (J/650/1685)
HSC S 30 Carry out assessments to identify the needs of substance users (R/616/6374)
HSC S 31 Support individuals who are substance users (D/616/6376)
HSC S 32 Test for substance use (K/616/6378)
AN 26 Understand advance care planning (M/615/7164)
AN 35 Understand the process and experience of dementia (M/615/7228)
AN 36 Care for the elderly (A/615/7376)
AN 37 Understand long-term conditions and frailty (L/615/7365)
AN 40 Understand the context of supporting individuals with learning disabilities (M/615/7374)
AN 47 Dementia awareness (K/615/7227)
AN 50 Support individuals at the end of life (M/615/7326)
DHS 13 Understand mental health problems (Y/615/7157)

MH 12 Recognise indications of substance misuse and refer individuals to specialists (T/615/7277)

Clinical skills or healthcare task units

AN 1 Undertake physiological measurements (J/615/7297)
AN 2A Undertake personal hygiene activities with individuals (K/650/1686)
AN 4 Obtain venous blood samples (R/615/7187)
AN 5A Obtain and test capillary blood samples (L/650/1687)
AN 13 Undertake stoma care (J/615/7302)
AN 14 Prepare for and carry out extended feeding techniques (L/615/7169)
AN 15 Assist in the administration of medication (Y/615/7174)
AN 16 Undertake tissue viability risk assessments (H/615/7338)
AN 18 Undertake treatments and dressings of lesions and wounds (L/615/7236)
AN 28A Undertake agreed pressure area care (M/650/1688)
AN 29A Administer medication to individuals and monitor the effects (R/650/1689)
DHS 11 Causes and spread of infection (L/615/7155)
DHS 12 Cleaning, decontamination and waste management (R/615/7156)

Leadership and management skills units

HSC L 1 A Promote innovation, change and positive representation of own organisation (D/650/1385)
HSC L 3 Lead learning and development in adult care (F/616/6399)
HSC L 4 Mentoring in adult social care (H/616/6380)
HSC L 7 Personal and professional behaviour in adult care (M/616/6382)
HSC L 9 Contribute to quality assurance in adult care (F/616/6385)
HSC L 10 Contribute to recruitment and selection in adult care (F/616/6404)
HSC L 11 Manage resources in adult care (J/616/6405)
HSC L 14 Lead an effective team (R/616/6388)
HSC L 15 Lead an effective team in adult care (Y/616/6408)
DAC4D3 Facilitate support planning to ensure positive outcomes for individuals and to support wellbeing (M/616/6415)
AC 3 Adult social care regulation, inspection and quality improvement (A/650/1384)
AC 4 Supervision skills and developing and supporting others (T/650/1382)

Assessment

This qualification is internally assessed and externally quality assured.

The assessment consists of one component:

- an internally assessed portfolio of evidence which is assessed by centre staff and externally quality assured by NCFE (internal quality assurance (IQA) must still be completed by the centre as usual)

Placement requirements

Learners will need to be working, volunteering or on practical placement, as they need to show competence in both knowledge and skills.

Progression opportunities

Learners who achieve this qualification could progress to the following:

- employment:
 - lead adult care worker
 - senior care support worker
 - lead personal assistant
- further education:
 - Level 4 Diploma in Adult Care
 - Level 5 Diploma in Leadership and Management for Adult Care
 - Level 5 Diploma in Leadership for Health and Social Care and Children and Young People's Services (England)
- higher education



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