

# Delivery and Assessment Plan

**NCFE Level 2 Certificate in Health and Fitness (601/4534/1)**

**Sample Delivery and Assessment Plan**

**Example 1**

## Delivery and Assessment Plan

1. Based on 2 year delivery and an average timetable of 2 hours per week, 38 weeks per year. This will change with school timetable, festivals and holidays, training days, school events, study leave arrangements, which days lessons occur on etc.
2. This is only an example – centres may choose to deliver and assess units in a different order, taking into account the timings of the External Assessment (Unit 03).
3. Guided Learning Hours (GLH) for each unit is 30 GLH.
4. External Assessment Unit 03 dates vary –please check here for details [www.ncfe.org.uk/v-certs/assessment-windows/](http://www.ncfe.org.uk/v-certs/assessment-windows/)
5. It's advised the that grading of each unit takes place as soon as possible after the learner has completed their Internal Assessment Tasks and that this is closely followed by Internal Moderation and submission of grades. The first external moderation visit should then take place – also as soon as possible after the first round of Internal Moderation in order to allow your moderator to offer support and guidance on your delivery and assessment (please note this will need to be scheduled in advance with the External Moderator to ensure availability).
6. Once the agreed grades have been 'banked' by the External Moderator (first attempt) the learners should be provided with an opportunity to add to their assessed evidence to improve their grade as soon as is practicable (second attempt). This will ensure the unit is still fresh in their minds and the additional evidence should then be assessed and internally moderated in preparation for external moderation.

Please refer to the scheme of work for this example for a week-by-week overview of teaching and learning and assessment.

	Year 1						Year 2					
	Autumn 1 <sup>st</sup> Half	Autumn 2 <sup>nd</sup> Half	Spring 1 <sup>st</sup> Half	Spring 2 <sup>nd</sup> Term	Summer 1 <sup>st</sup> Term	Summer 2 <sup>nd</sup> Term	Autumn 1 <sup>st</sup> Half	Autumn 2 <sup>nd</sup> Half	Spring 1 <sup>st</sup> Half	Spring 2 <sup>nd</sup> Term	Summer 1 <sup>st</sup> Term	Summer 2 <sup>nd</sup> Term
Unit 01												
Unit 02												
Unit 03												
Unit 04												

<b>Weeks</b> (approx.)	<b>Unit 01</b>	<b>Unit 02</b>	<b>Unit 03</b>	<b>Unit 04</b>	<b>Teaching and Learning</b>	<b>Assessment</b>	<b>Moderation</b>
<b>Year 1 Autumn Term – 1<sup>st</sup> Half of Term</b>							
<b>7</b>					Teaching Unit 01 learning outcome 1	Internal assessment Unit 01	
<b>Year 1 Autumn Term – 2<sup>nd</sup> Half of Term</b>							
<b>7</b>					Teaching Unit 01 learning outcome 1, 2 and 3	Internal assessment Unit 01	
<b>Year 1 Spring Term – 1<sup>st</sup> Half of Term</b>							
<b>6</b>					Teaching Unit 01 learning outcome 3 Teaching Unit 03 learning outcome 1	Internal assessment Unit 01	Internal moderation of Unit 01  External moderation of Unit 01
<b>Year 1 Spring Term – 2<sup>nd</sup> Half of Term</b>							
<b>7</b>					Teaching Unit 3 learning outcome 1 and 2		
<b>Year 1 Summer Term – 1<sup>st</sup> Half of Term</b>							
<b>5</b>					Teaching Unit 03 learning outcome 3	External assessment Unit 03	
<b>Year 1 Summer Term – 2<sup>nd</sup> Half of Term</b>							
<b>6</b>					Teaching Unit 02 learning outcome 1	Internal assessment Unit 02	
<b>Year 2 Autumn Term – 1<sup>st</sup> Half of Term</b>							
<b>7</b>					Teaching Unit 02 learning outcome 2 and 3	Internal assessment Unit 02	

<b>Weeks (approx.)</b>	<b>Unit 01</b>	<b>Unit 02</b>	<b>Unit 03</b>	<b>Unit 04</b>	<b>Teaching and Learning</b>	<b>Assessment</b>	<b>Moderation</b>
<b>Year 2 Autumn Term – 2<sup>nd</sup> Half of Term</b>							
<b>7</b>					Teaching Unit 02 learning outcome 3	Internal assessment Unit 02 External assessment Unit 03	
<b>Year 2 Spring Term – 1<sup>st</sup> Half of Term</b>							
<b>6</b>					Teaching Unit 04 learning outcome 1	Internal assessment Unit 04	
<b>Year 2 Spring Term – 2<sup>nd</sup> Half of Term</b>							
<b>7</b>					Teaching Unit 04 learning outcome 2	Internal assessment Unit 04	
<b>Year 2 Summer Term – 1<sup>st</sup> Half of Term</b>							
<b>5</b>					Teaching Unit 04 learning outcome 3	Internal assessment Unit 04 External assessment Unit 03	Internal moderation of Unit 04
<b>Year 2 Summer Term – 1<sup>st</sup> Half of Term</b>							
<b>6</b>							External Moderation of Units 02 and 04