

Qualification factsheet

Qualification overview

Qualification title	Level 4 Award in Promoting Health and Well-being Through Physical Activity and Nutrition Co-ordination in the Early Years		
Qualification number (QN)	603/5239/5		
Total qualification time (TQT):	37	Guided learning hours (GL)	29
Entry requirements:	Learners must be 18+ and hold a full Level 3 early years/childcare qualification		

About this qualification

This qualification is designed for learners to examine the benefits of physical activity and the importance of diet to the health and well-being of babies, children and their families.

This qualification will support learners through a reflective cycle of continuous improvement to practice in own setting. They will work with staff, parents and carers, and other professionals, to make positive change for the health of babies and children, in the role of a Physical Activity and Nutrition Co-ordinator (PANCo).

Suitable for learners aged 18 and over, who are currently employed as an early years Level 3 practitioner. It would suit learners in preparation to take on the specialist role of a Physical Activity and Nutrition Co-ordinator.

Qualification structure

To achieve this qualification, learners are required to successfully achieve one mandatory unit.

Mandatory units

K/508/0929 Promoting health and well-being through physical activity and nutrition co-ordination (PANCo) in the early years

Assessment

This qualification is internally assessed and externally quality assured.

Placement requirements

This is a work-based qualification. Learners must be employed in an early years setting at Level 3 to complete this qualification

Progression opportunities

Learners who achieve this qualification could progress to the:

- Level 4 Certificate for the Early Years Advanced Practitioner
- Level 5 Diploma for the Early Years Senior Practitioner

This qualification will also prepare learners for further study of early years in higher education.

Learners could progress to the following job roles and responsibilities:

- Physical Activity and Nutrition Co-ordinator (PANCo)
- Special Educational Needs Co-ordinator (SENCO)
- internal progression at a higher level, including those with management responsibilities
- leadership, mentoring, supervision and management opportunities



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