

# **Qualification factsheet**

# Qualification overview

Qualification title	NCFE CACHE Level 3 Award in Skills for Workplace Health Champions		
Qualification number (QN)	603/7028/2		
Total qualification time (TQT):	17	Guided learning hours (GL)	12
Entry requirements:	<ul> <li>This qualification is designed for individuals that have an interest in health improvement as well as physical activity and wish to embed this into everyday life within the workplace.</li> <li>It may also be useful to learners studying qualifications in the following areas: <ul> <li>health and social care</li> <li>sport and physical activity</li> </ul> </li> <li>Entry is at the discretion of the centre. However, learners should be aged 16 or above to undertake this qualification.</li> <li>There are no specific prior skills/knowledge a learner must have for this qualification. However, learners may find it helpful if they have already achieved a level 2 qualification.</li> </ul>		

# About this qualification

This qualification provides learners with the knowledge and skills they require to become a health champion within the workplace.

The qualification is designed for learners who have responsibility for promoting health choices within the workplace, or who would like to get involved in championing workplace health.

The aim of this qualification is for the learner to attain the knowledge and practical skills required to become a workplace health champion.

This qualification is designed in partnership with Active Lancashire and there is a particular focus on physical activity

# **Qualification structure**

To be awarded this qualification, learners are required to successfully achieve both mandatory units.

To achieve this qualification, learners must successfully demonstrate their achievement of all learning outcomes of the units as detailed in the qualification specification.



### Mandatory units

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F/618/6099 Introduction for workplace health champions
K/618/6100 Skills for workplace health champions
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## Assessment

Internally assessed and externally quality assured portfolio of evidence.

## **Placement requirements**

This qualification requires learners to be working. They can be working in any setting.

## **Progression opportunities**

Learners who achieve this qualification could progress to:

- NCFE CACHE Level 2 Certificate in Awareness of Mental Health Problems (601/3438/0)
- NCFE CACHE Level 2 Certificate in Mental Health Awareness (600/6134/0)
- NCFE CACHE Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace (603/5148/2)
- NCFE Level 2 Certificate in Sport (Sports Coaching) (601/3037/4/COA)
- NCFE Level 2 Diploma in Sport (Sports Coaching) (601/3038/6/COA)



#### Contact us

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