

NCFE Level 1/2 Technical Award in Health and Fitness (603/2650/5)

Adaptation addendum

Qualification reference number(s)	Qualification title(s)
603/2650/5	NCFE Level 1/2 Technical Award in Health and Fitness
Summary of changes	<p>V8 – 22.03.21 updates to synoptic project and set date assessment sections with further details on mid-flight and completing learners and approaches that can be used to inform teacher assessed grades.</p> <p>V7 - 22.02.21 The new version number is to reflect 2021 updated template layout to include further information on alternative arrangements for awarding in 2020/21. Previous version title 'AT 60326505 L12 Health & Fitness V6'.</p>
Qualification Purpose	This qualification is designed for learners who want an introduction to Health and Fitness that includes a vocational and project-based element. The qualification will appeal to learners who wish to pursue a career in the Health and Fitness sector or progress onto further study.

Assessment adaptation

Assessment	Approach following autumn 2020 adaptations	Additional adaptations for 2020/21
	<i>What we require for this type of assessment at present, including flexibilities already introduced in autumn 2020.</i>	<i>The additional flexibilities and adaptations that will apply during 2020-21.</i>
Controlled assessment / synoptic project	<p>These assessments are completed in a set number of hours and the centre arranges supervised periods of external assessment within a set window.</p> <p>The synoptic project is externally set by NCFE, internally graded by the centre and externally quality assured by NCFE.</p> <p>We have updated our assessment variation process to allow centres to use additional test centre locations.</p>	<p>Where they can be delivered in line with public health guidelines, controlled and synoptic components will continue to proceed.</p> <p>Where assessments continue, all relevant qualification content must still be delivered, and assessment criteria met.</p>

		<p>To further support Centres significant adaptations have been made to the conditions of the V Cert Technical Award synoptic project, including:</p> <ul style="list-style-type: none">• adapted the delivery and completion conditions so that it can now be completed by students remotely• removed the requirement to complete within set hours• updated the assessment window, maintaining the same release date and extending the submission dates to allow more time for completion of the hours. <p>More information can be found here.</p> <p>Guidance for adaptations to the Synoptic Project Brief</p> <p>The following adaptations apply to the Synoptic project released in December 2020.</p> <p>Learners should seek support from their assessor if they have already started their project and need to change their approach, for example where they are unable to access equipment and/or workspaces at the centre and cannot produce the evidence they were planning to submit. In these circumstances' assessors are permitted to provide guidance to students regarding how to adapt their approach to the brief.</p> <p>All consultations between learner and client can be done remotely i.e. phone calls, emails, video conferencing. This will enable learners to work together</p>
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		<p>be measured and recorded by the learners or observed virtually by the tutor.</p> <p>Task Four Learners can create a 4-week health and fitness programme for a member of their household or with another learner where possible via remote communication (this should be the same person used for previous tasks), which will help to improve the client's muscular endurance and power. If this is not possible, they can create the programme for themselves.</p> <p>Task Five Where programme activities were not able to be carried out, evaluations will focus on predicted performance/outcomes.</p> <p>Grading Descriptors In the grading descriptors, for the use of the word 'complete' as a differentiator in AO4, we want to be clear to centres that 'complete' is based on the amended adaptations requirements contained within this guidance.</p> <p>The live synoptic project brief has <u>NOT</u> been updated.</p>
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		<p>who may have been expecting to complete the synoptic project component in this academic session.</p> <p>Year 9/10 learners (mid-flight): Mid-flight learners would not be expecting to complete the synoptic project, given this is only expected to be completed in the final year of certification. For those who were expected to complete the external assessment, please refer to the guidance detailed further down in this adaptation template.</p> <p>Year 11 learners (completing learners): Learners should aim to complete the synoptic project where possible, in line with the permitted adaptations within this adaptation guidance document. Where this is completed, the grade achieved can be used to inform the unit 1 external assessment teacher assessed grade, given that the synoptic project covers content across the full qualification.</p> <p><i>Can learners still have a resubmission?</i> Yes, learners will still be able to have a resubmission opportunity, this will be managed internally by the centre. Learners should have opportunity to undertake two submissions (first submission and resubmission) but the final grade only should be entered onto the portal. Grades for a learners first submission do not need to be entered on the portal, but assessment records should be kept up to date to provide a full audit trail of the resubmission.</p>
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<p>Set date assessments</p>	<p>A large number of our qualifications have external assessments that must be sat on a set date and time and at your centre.</p> <p>Previously, where assessments were timetabled for a set date and time, we:</p> <ul style="list-style-type: none"> • updated our assessment variation process to allow centres to use additional test centre locations 	<p>Set date and time assessments from February 2021 onwards are cancelled.</p> <p>This qualification is in scope for alternative arrangements and if required can be awarded via an assessed grade from the centre. To be eligible for submitting a Teacher Assessed Grade, centres need to ensure they have registered the learners for an external assessment they would have been expected to sit.</p>

	<ul style="list-style-type: none">• added additional assessment opportunities to the 2020-21 timetable <p>However, following the January 2021 announcement that exams were cancelled, these will only remain applicable to those exams which are used to demonstrate a practical or occupational competence, or are assessments within qualifications which are not in scope for alternative awarding arrangements.</p>	<p>Mid-flight and Completing learners Year 9/10 learners will be classed as 'mid-flight' learners if they are not expecting to certificate in this academic session. Learners completing this academic session and expected to certificate, will typically be year 11 learners. We've outlined below further guidance for year 9/10 mid-flight learners who may have been expecting to complete the external assessment component this academic session.</p> <p>Year 9/10 learners (mid-flight): This qualification is designed to typically be delivered as a 2-year study programme in year 10 and 11, so that the first attempt to undertake the external assessment is undertaken in year 10. Where this delivery model is followed, centres should ensure the learners are registered for the March or Summer exam to enable them to be able to submit a teacher assessed grade. Whilst centres follow this delivery model and won't complete the synoptic project until year 11, they can use other forms of evidence to inform the teacher assessed grade for external assessment, including;</p> <ul style="list-style-type: none">• Our free teaching resources for this qualification include 'end of topic tests' for each learning outcome for unit 1 and can be used to inform expected performance achievement for a teacher assessed grade• Classwork or homework assessments• Practice papers – past papers and mark schemes are available on our website for this qualification• Informal or formative assessments
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		<p>A teacher assessed grade submitted, must be based on some form of evidence as outline above.</p> <p>Year 11 learners (completing learners): Learners expecting to complete and certificate this session, may have a grade already banked for the external assessment from the previous year from the learners first attempt, but may have been expecting to resit the external assessment in March or the Summer. Where this is the case, centres can submit a teacher assessed grade for the external assessment but must ensure they have registered learners for this exam to enable them to submit a teacher assessed grade on our portal. The teacher assessed grade can be informed by the following methods;</p> <ul style="list-style-type: none">• Learner completes the synoptic project fully or partially and the grade achieved is used to inform the teacher assessed grade for the unit 1 external exam as the synoptic project covers content from across the full qualification and therefore is a reliable form of evidence in which to base a teacher assessed grade• other forms of evidence previously mentioned for mid-flight learners could also be used to inform the teacher assessed grade. Where centres have additional evidence to support an alternative grade, this evidence should be retained by the centre for EQA checks if required. All Teacher Assessed Grades will need to be submitted within the same timeframe for the TAG portal window. <p>Further information and guidance on TAG evidence can be located NCFE's approach for 2020-21 document.</p>
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