Learner’s Evidence

Tracking Log

**NCFE CACHE Level 2 Certificate in Understanding Behaviour that Challenges (603/1062/5)**

**Statement of authenticity**

Learner name:

Centre number:

Centre name:

**Signatures**

Learner: Date:

Tutor/Assessor: Date:

**Understand behaviour that challenges (D/615/4809)**

**You will:**

Understand behaviour that challenges.

**You must know:**

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| **1.1 What is meant by the terms:**   * **behaviour that challenges** * **positive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.2 Behaviours that may be perceived as challenging:**   * **verbal** * **non-verbal** * **physical** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.3 The difference between conflict and behaviour that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.4 The difference between aggression and assertive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand behaviour that challenges (D/615/4809) (cont’d)**

**You will:**

Understand the reasons why people present with behaviour that is perceived as challenging.

**You must know:**

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| **2.1 How behaviour can be interpreted as a form of expression** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.2 How behaviour may be a symptom of something else** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.3 The possible reasons for the behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**You will:**

Understand the impact of behaviour that challenges.

**You must know:**

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| **3.1 How attitudes and lack of understanding can impact individuals** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand behaviour that challenges (D/615/4809) (cont’d)**

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| **3.2 The impact and effects of the behaviour on the individual** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **3.3 The impact and effects of the behaviour on others** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **3.4 How the behavior may potentially impact own and others feeling and attitudes:**   * **short term** * **long term** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand how to support positive behaviour (K/615/4845)**

**You will:**

Understand how to identify when an individual’s behaviour may escalate.

**You must know:**

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| **1.1 How to recognize changes in individuals that may indicate an episode of behaviour that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.2 The importance of identifying patterns of behaviour and triggers to behaviour that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.3 The importance of supporting individuals to recognize their limitations and take avoidance actions** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand how to support positive behaviour (K/615/4845) (cont’d)**

**You will:**

Understand strategies to support positive behavior.

**You must know:**

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| **2.1 Strategies that could be used to support positive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.2 The advantages of proactive strategies in supporting positive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.3 The impact of reactive strategies in supporting positive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.4 Strategies to support individuals to manage their behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand how to support positive behaviour (K/615/4845) (cont’d)**

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| **2.5 How behaviour plans and support plans are used to support positive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.6 The importance of person-centred approaches to establishing support strategies behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.7 How support networks for the individual can help promote positive behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**You will:**

Understand how the rights of individuals are protected.

**You must know:**

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| **3.1 The legislative framework that applies to individuals who present with behaviour that challenges regarding:**   * **rights** * **safeguarding** * **deprivation of liberty** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand how to support positive behaviour (K/615/4845) (cont’d)**

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| **3.2 Agreed ways of working to protect an individual who presents with behavior that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **3.3 How to monitor interventions and safeguard individuals** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand the importance of effective communication and the management of behaviour that challenges (Y/615/4811)**

**You will:**

Understand communication in managing behavior

**You must know:**

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| **1.1 A range of communication methods** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.2 The importance of non-verbal communication** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.3 Barriers to communcation** | |
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| **1.4 Ways to overcome barriers to communication** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand the importance of effective communication and the management of behaviour that challenges (Y/615/4811) (cont’d)**

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| **1.5 How communication can be adapted to meet the needs and preferences of each individual** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.6 The effects that communication can have on others** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**You will:**

Understand how to manage behaviour that challenges.

**You must know:**

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| **2.1 The importance of positive reinforcement** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.2 How to avoid confrontation with someone who is emotionally agitated** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand the importance of effective communication and the management of behaviour that challenges (Y/615/4811) (cont’d)**

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| **2.3 How using knowledge of the individual can help to manage behaviour that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.4 How to maintain the dignity of individuals when responding to incidents of behaviour that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.5 Different techniques that are used to defuse behavior that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.6 How own actions can defuse or exacerbate an individual’s behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand the importance of effective communication and the management of behaviour that challenges (Y/615/4811) (cont’d)**

**You will:**

Understand the role of others in supporting individuals who exhibit behaviour that is perceived as challenging.

**You must know:**

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| **3.1 Referral services available to provide support for individuals** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **3.2 Own limitations and accountabilities when supporting individuals exhibiting behaviour that is perceived as challenging** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **3.3 How to record and report incidents of behavior that is challenging** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand the role of reflection and support for those involved in incidents of behaviour that challenges (K/615/4814)**

**You will:**

Understand the benefits of reflection following episodes of behaviour that challenges.

**You must know:**

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| **1.1 How reflection on an incident can assist in managing future behaviour** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.2 Own reactions to behaviour that challenges** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.3 The consequences of own actions** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **1.4 How to support individuals to understand their behavior in terms of:**   * **events and feelings leading up to it** * **their actions** * **the consequnces of their behaviour** | |
| What have you done to show this | Location of evidence (eg hyperlink/portfolio page number) |
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**Understand the role of reflection and support for those involved in incidents of behaviour that challenges (K/615/4814) (cont’d)**

**You will:**

Understand the support available to maintain own well-being

**You must know:**

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| **2.1 The range of support services available to those involved in episodes of behaviour that is challenging** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.2 Support systems available to maintain own well-being** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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| **2.3 The importance of accessing appropriate support systems** | |
| **What have you done to show this (eg method – report, questionnaire, etc)?** | Location of evidence (eg hyperlink/portfolio page number) |
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