



**NCFE Functional Skills Qualification in English at Level 2**  
**Speaking, Listening and Communication**  
**600/0140/9**

**Sample Set 1 – Healthy Eating**

**Tasks**

In this assessment you will be required to make an effective presentation and make a range of contributions to a discussion in a chosen context, which may be unfamiliar.

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You will be assessed on your ability to:

- a) Consider complex information and give a relevant, cogent response in appropriate language;
  - b) Present information and ideas clearly and persuasively to others;
  - c) Adapt contributions to suit audience, purpose and situation;
  - d) Make significant contributions to discussions, taking a range of roles and helping to move discussion forward.
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You are required to make **one** presentation and take part in **one** formal discussion.

**Preparation:** up to 20 minutes  
**Presentation:** 5 minutes, per learner  
**Formal discussion:** up to 15 minutes  
**Discussion outcome:** up to 5 minutes

**Preparation**

You have **up to 20 minutes** to prepare for the two tasks.

You will have access to the Pre-Release Source Documents to help you prepare.

Read the Scenario and Pre-Release Source Documents carefully. You may use any of these materials in your presentation and/or discussion.

You are also encouraged to use any facts, ideas or opinions of your own.

### Scenario

You are a member of a social committee that is committed to raising local awareness about the importance of healthy eating. For the next committee meeting, each member has been asked to prepare a short presentation about one or two aspects of healthy eating that have particularly caught their interest and attention.

After the presentations the committee will hold a discussion to decide where best to focus their next awareness raising activities.

### Task 1 – Presentation

You have been asked to give a **2-3 minute** presentation about healthy eating. Your presentation must target a particular group of your choice (children, teenagers, sportsmen/women, employees etc) and attempt to persuade them that healthy eating is important and relevant.

End your presentation with a **2 minute** question and answer session with your fellow committee members. The Assessor may also participate in the question and answer session.

Your presentation and question and answer session should last approximately **5 minutes** in total.

### Task 2 – Formal discussion

After the presentations there will be a formal discussion of **up to 15 minutes** about how to promote healthy eating in the local community. On the agenda the main items to be discussed are:

- any ideas for encouraging healthy eating in local schools, at work or in the community
- planning an information stall to distribute leaflets or free samples of healthier alternative foods, including the best places within the community to set up a stall.

### Discussion outcome

An agreed outcome must be reached by the end of the meeting. For the final **5 minutes** the chair will direct the committee to reach an agreed outcome, for example, about the recommended content and location for a stall. The discussion outcome is to be recorded, and must be signed and dated by each group member.

The formal discussion, including the discussion outcome should last approximately **20 minutes** in total.