NCFE Functional Skills Qualification in English at Level 1
Speaking, Listening and Communication
501/1660/5

Sample Set 1 – Healthy Eating

Tasks

In this assessment you will be required to take full part in formal and informal discussions and exchanges that include unfamiliar subjects.

You will be assessed on your ability to:	a) Make relevant and extended contributions to discussions, allowing for and responding to others' input; b) Prepare for and contribute to the formal discussion of ideas and opinions; c) Make different kinds of contributions to discussions; d) Present information/points of view clearly and in appropriate language.

You are required to complete **one** formal and **one** informal discussion.

Preparation: up to 20 minutes
Formal discussion: 2-3 minutes, per learner
Informal discussion: up to 15 minutes
Discussion outcome: up to 5 minutes

Preparation

You have **up to 20 minutes** to prepare for this assessment.

You will have access to the Pre-Release Source Documents to help you prepare.

Read the Scenario and Pre-Release Source Documents carefully. You may use any of these materials in your discussion.

You are also encouraged to use any facts, ideas or opinions of your own.

SAMPLE

Scenario

You are a member of a social committee that wants to make people more aware of the dangers of not eating a healthy diet.

The committee is considering:

- asking for a ban on the sale of unhealthy foods in the canteen vending machines
- asking for a new, healthier menu in the canteen.

The Canteen Manager has asked the committee to organise an open debate on the subject of 'healthy eating'. The outcome will be presented to the Canteen Manager. You have been asked to prepare for and take full part in this debate.

Task

At the start of the discussion the chair will give each member **2-3 minutes** in which to put across their own points of view about healthy eating and answer any direct questions.

This will be followed by up to a **15 minute** open, informal discussion in which everyone is expected to take full part.

Discussion outcome

At the end of the discussion the chair will give the group approximately **5 minutes** in which to reach an agreed outcome about a ban on the sale of unhealthy food as well as asking for a new, healthier menu in the canteen.

All members must then help the chair draft a recommendation that can be taken to the Canteen Manager for consideration. The discussion outcome is to be recorded, and must be signed and dated by each committee member.

The informal discussion, including the agreed outcome should last approximately **20 minutes** in total.

SAMPLE