



Level 1 Award, Level 2 Award and Certificate in

# Relationships, Sex and Health Education

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Qualification facts

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QRN: L1 Award: 603/4763/6 L2 Award: 603/4764/8 L2 Certificate: 603/4765/X  
NCFE CACHE Level 1 Award, Level 2 Award and Certificate in Relationships,  
Sex and Health Education

# About these qualifications

The purpose of these qualifications is to provide learners (ages 11-16) with the knowledge and understanding that will enable them to make informed decisions about their wellbeing, health and relationships.

They will help to build learner self-efficacy and develop resilience which will enable them to meet the challenges of creating a happy and successful adult life and becoming a productive member of society.

The qualifications have been mapped to the Department for Education's guidance for Relationships and Sex Education (RSE) and Health Education (HE) for secondary schools ensuring every aspect of the statutory requirement is covered.

## Who is it suitable for?

These qualification are designed for secondary school age learners studying compulsory Relationships and Sex Education (RSE) and Health Education (HE).

## Entry requirements

Entry is at the discretion of the centre. However, the units of these qualifications are targeted at specific year groups with age and developmental appropriate content.

There are no specific prior skills/knowledge a learner must have for these qualifications.

Centres are responsible for ensuring that the qualification is appropriate for the age and ability of learners. They need to make sure that learners can fulfil the requirements of the learning outcomes and comply with the relevant literacy, numeracy and health and safety aspects of them.

Learners registered on these qualifications should not undertake another qualification at the same level with the same or a similar title, as duplication of learning may affect funding eligibility.

## Qualification structure

To be awarded the Level 1 Award in Relationships, Sex and Health Education learners are required to successfully complete Unit 1 and Unit 2.

To be awarded the Level 2 Award in Relationships, Sex and Health Education learners are required to successfully complete Unit 3, Unit 4 and Unit 5.

To be awarded the Level 2 Certificate in Relationships, Sex and Health Education learners are required to successfully complete Unit 01, Unit 02, Unit 03, Unit 04 and Unit 05.

To achieve this qualification, learners must successfully demonstrate their achievement of all learning outcomes of the units as detailed in the Qualification Specification. A partial certificate may be requested for learners who do not achieve their full qualification but have achieved at least one whole unit.

Unit number	Regulated unit number	Title	Level	GLH	Level 1 Award	Level 2 Award	Level 2 Cert
Unit 01	K/617/6618	Relationships, Sex and Health Education (Year 7)	1	36	x		x
Unit 02	H/617/6620	Relationships, Sex and Health Education (Year 8)	1	36	x		x
Unit 03	K/617/6621	Relationships, Sex and Health Education (Year 9)	2	36		x	x
Unit 04	M/617/6622	Relationships, Sex and Health Education (Year 10)	2	36		x	x
Unit 05	T/617/6623	Relationships, Sex and Health Education (Year 11)	2	24		x	x

## Assessment

The assessment consists of one component:

- an internally assessed portfolio of evidence which is assessed and internally quality assured by centre staff and externally quality assured by NCFE.

A workbook is available on our website for learners to use to populate with evidence. The workbook can be altered to meet your specific needs or you can create your own portfolio/assessment methods. If you do create your own assessment methods you should check with your External Quality Assurer if it is acceptable.

## Progression

Learners who achieve these qualification could progress to:

- employment and/or an apprenticeship in the health and social care sector
- further education - T Level in Health.

## For more information

Full details of this qualification can be found on our website [www.qualhub.co.uk](http://www.qualhub.co.uk)

