



NCFE Entry Level 2 Functional Skills Qualification in English: (603/5056/8)

Component: Speaking, Listening and
Communicating

Assessment Activity Number: SAM
Topic: Healthy Eating

Entry Level 2 Functional Skills Qualification in English: Speaking, Listening and Communicating.

Assessment Activity:

Scenario

Our daily lives are often getting busier and there is less time to cook food at home. Many people take food home from takeaways to save time, but is this always the best thing to do?

Task 1 – 1-1 Discussion (5 minutes)

Select and agree with your Assessor **one** of the following topics of which to complete your 1-1.

Topic 1: Take away food places near you.

Topic 2: You and your families eating habits.

Topic 3: Takeaway food and healthy eating.

Topic 4: Which do you think people prefer cooking at home or eating out?

You will have an optional **30** minutes to prepare for your 1-1 discussion.

During your 1-1 discussion about your chosen topic and when directed by your Assessor, you will be required to:

- respond to straightforward questions.

During the discussion about your topic, you will also need to:

- ask straightforward questions.

You will not be told when to do so by your Assessor. You must decide when in the discussion is best to ask at least **two** questions.

Notes for the Assessor:

This page is for the Assessor only

During the discussion with your learner, you will need to complete each of the following:

a. Introduce the topic

Notes for the Assessor:

The information you provide will be used as stimulus for your learner to ask questions and extract information (Subject Content Statements 1.1 and 1.2) so you must provide realistic and sufficient detail for this to happen.

Introduction:

To be completed by the Assessor. An example is detailed below for the following topic: takeaway food and healthy eating.

For your discussion you have chosen to talk about takeaway food and healthy eating. There are a lot of reasons why people may choose to eat takeaway food instead of cooking from home.

For some it might be because it appears to be easier and quicker than cooking at home. Many believe it to be unhealthy to eat takeaway food.

a. During the discussion, ask the learner questions about the topic.

Questions:

To be completed by the Assessor. Examples for the topic of: takeaway food and healthy eating are detailed below.

1. How often do you eat takeaway food? Do you think it is healthy?
2. What kind of food do you think is good for you? How often do you eat it?
3. How do you think you could have a healthier diet? What changes would you make?

NB: Please provide the learner with the **front cover** and pages **two** and **four** only, the learner must not see the above information.

Task 2 – Group Discussion (2-3 minutes per learner)

Following Task 1, you will be required to take part in a group discussion. Your group will consist of a minimum of **3** learners. You have been provided with the **title** and **aim** of this group discussion below.

Directly before the discussion takes place, you will have an optional **30** minutes to prepare.

For this topic, please prepare your discussion points for the following **title** and **aim**.

Title: What types of takeaway food do you all like and why?

Aim: Find out who eats the most and least takeaway food. As a group you must decide what the most popular takeaway food is.

During the discussion about the above topic and aim, you are also required to:

- ask straightforward questions.

You will not be told when to do so by your Assessor, you must decide when in the discussion is best to ask at least **one** question.